



Fallbrook Food Pantry

1042 South Mission Road

(760)728-7608

Mon-Fri 9:30am-12:30pm

www.Fallbrookfoodpantry.org

2013 Quarterly Newsletter, July - September

Thank You!

We had a very busy quarter with food drives, benefit concerts and the CROP Walk. Thank you again for your help and donations. A special Thank-You to Mr. Arnie Willcuts for his leadership as President of the Board the past two years. Your commitment and service to others are exemplary, we are fortunate to have you continue to be part of the Board. *Best regards, Young Milton, President of the Board.*

Food assistance is given to those who qualify by an interview process to verify their residency and income level, which must fall below the Federal guidelines for poverty level:

Household Size	Annual income
1	\$17,235
2	\$23,265
4	\$35,325
6	\$47,385

Our 2400+ registered clients can come in once per week to pick up food. The amount of food given is enough for about five meals.



Donations always needed.

We are funded 100% by donations:

- Financial grants from churches, businesses, organizations and individuals.
- Home grown fresh fruit and vegetable from gardens or groves.
- Grocery items from food drives, grocery stores, and individuals.

Grocery Items Always Needed

- **Meat and proteins:** Beef Stew, Chicken Stew, Chili, Tuna, Lentil Soup, Peanut butter, Nutritional Drinks for Seniors (i.e. Ensure)
- **Dried goods and canned goods:** All canned fruits and vegetables, Pastas and pasta sauce, Canned and bottled juices, Macaroni and Cheese, Top Ramen Noodle Soup, Dried beans and peas, Rice, Breakfast cereals and oatmeal, Bread, Tortillas, Crackers, Soups, Sugar, Flour, Cooking Oils, Toiletries
- **Dairy:** Powdered and canned milk (unsweetened)
- **Baby Items:** Baby foods, Disposable diapers, (Sorry, no formulas)

To drop off your donation please stop by the Food Pantry Monday to Friday from 9:30 AM - 12:30 PM.

**APRIL-JUNE 2013, WE LOGGED
3,959.5 VOLUNTEER HOURS**

Neighborhood Food Distribution:



An on-going fresh vegetable and produce program, is held the last Wednesday of the month at First Baptist Church auxiliary parking lot. Income requirements are not

needed, everyone is welcome. Approximately 35-40 volunteers come every month to spend time packaging and handing out food. We are grateful to First Baptist Church for lending their tables and chairs for the event. Thanks also to Jacobs & Cushman San Diego Food Bank for providing the resources for Distribution Day. Families helped by the event:

April-Jun 2013: 701 Households or 2652 Individuals and 28,832 pounds of food.

Building Fund Kick-Off

Our long term goal is to acquire our own food pantry for storage and distribution. A dedicated account will be set up to fund the building purchase. More information will be available, please be on the lookout for the launching event.

2013 Calendar of Events

Please visit www.fallbrookfoodpantry.org for more information.

- Aug. 17th Volunteers Appreciation Luncheon
- 3rd Annual Charity Golf Tournament
- Thanksgiving 5k Hunger Walk
- December 1st to 20th - Adopt-A-Family at Christmas

Past Events

April 11, Ministerial Association Luncheon

To thank and to recognize the dedicated support of the community's Clergy Leadership, the Pantry hosted a special luncheon at the Pantry to showcase the result of their efforts. Thank you for your commitment over the years in helping the needy among us.

April 27, Helping Hands, an interfaith food drive



Resulted in ten tons of food for the Fallbrook Food Pantry. We are grateful to all who participated including:

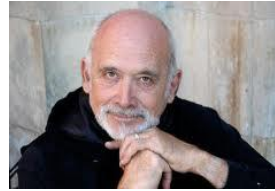
churches, organizations, stores, theaters, schools, and school teams making this a true community function, local food markets, the Sheriff's Fallbrook substation, the Fallbrook Rotary Club, the Fallbrook High School Warrior football players and cheerleaders, McDaniel Fruit Company, and Digiplex movie theater. Special thanks to Milt Davies for spearheading this community-wide food drive.

May 11, Letter Carriers Food Drive



Thank you Fallbrook Letter Carriers for holding this annual food drive. Thank you to the community for the food contributions, to the Fallbrook Food Pantry volunteers for transporting and shelving the donations, to the Fallbrook Rainbow Girls for sorting and packing the food received, and to Del Rey Packing for the use of their fruit bins for the purpose of sorting.

May 19, Spring Music Festival



A benefit concert for the Fallbrook Food Pantry was held at the Fallbrook United Methodist Church. Mr. Ken Bell organized and conducted the concert. Through the Storm Choir and Palomar Woodwind Quintet donated their time and talents. National Charity League provided refreshments. Thank you all for your support.



Through The Storm Choir



Palomar Woodwind Quintet

June 1, Feed the Children Benefit Concert.



Bruce Crow, Red Crosby Studios and Shannon Miner, Fallbrook Guitar, presenting Don Luallin, Fallbrook Food Pantry, with concert donation.

Eight local bands and musicians donated their time and talents to the benefit concert at the Mission Theater. Thank you Bruce Crow, John/Eileen Schnarr, Tony Suraci, Allen Sargent, John Lane, John Quint, Chris Fast/Jim Butcher, Sherlock Holmies, and Dave Blackburn/Robin Adler, and Mission Theater for holding the concert.

June 2, 22nd Annual CROP Walk,



Thank you everyone who participated in the walk and all those who donated money for this very important cause. We had approximately 250 walkers. Twenty five percent of total funds raised will stay here in

Fallbrook to help feed those in need in our community. The rest of the money helps those in need across the US and around the world. Special guests included church leaders and Herman and Carol Van Den Bosch, founders of the Fallbrook CROP Walk. Thanks to Laura Small and Michelle Jones for creating a quilt of past CROP Walk t-shirts. You can still make a donation to this year's walk by contacting Paul Patterson at (760) 659-8005 or fallbrookcropwalk@yahoo.com.

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Your Tax-deductible Donation is always Appreciated

___ \$25 Feeds 1 family of 4

___ \$50 Feeds 2 families of 4

___ \$100 Feeds 4 families of 4

___ \$ Other

Your Name: _____

Address: _____

Phone: _____

Email: _____

Please mail to: Fallbrook Food Pantry
1042 S. Mission Road, Fallbrook, CA 92028

You can also donate online, at www.Fallbrookfoodpantry.org.